

# HEARTS

## Newsletter

### No.4



#### ABOUT THE PROJECT

The HEARTS project is a Grundtvig Partnership, Project LIFELONG LEARNING PROGRAMME financed by European Commission.

The main subject is to promote the cultural diversity revaluing the heritage from partner, focused at affectivity and solidarity traditions, to empower persons and communities identity and enhance their social inclusion and development.

Main problems are seniors isolation, demotivation and low recognition as society enriching citizens, lack of learning opportunities supporting more active and creative live, namely to overcome the digital impairment and improve European belonging relationship; the same time younger citizens will have a real chance to deep their own cultural identity and reinforce as well the European diversity belonging, improving traditions sapience skills, strengthening also their social inclusion pathways.

Participants selection aims to gather senior people from a range of backgrounds, to maximize groups and EU inter-groups diversity. This includes ensuring a gender balance; age balance (up from 50 years old), belonging to social groups at exclusion risk in majority, wiliness to learn, change life style and social commitment; also the selection of sharing group takes in account proximity, peers learning, motivation to improve social and heritage related competencies, positive interaction with seniors and intercultural groups.

#### Content

About the project	1
Aim	2
Objectives of the project	2
Activities	2
Project 4th meeting	3
Project 4th meeting	3
Project partners	4
Contact	4

## AIM

The main aim of this project is to remember and transfer to new generations of European heritage diversity, highlighting affectivity and solidarity traditions, by seniors to other citizens at risk, throughout a self collaborative learning. Also we want to improve competencies: ICT basics and teaching; mother language; intercultural and intergenerational communication; arts and crafts.

## OBJECTIVES OF THE PROJECT

- To remembrance and transfer to new generations of European heritage diversity, highlighting affectivity and solidarity traditions, by seniors to other citizens at risk, throughout a self-collaborative learning;
- To improve competencies: ICT basics and teaching; mother language; intercultural and intergenerational communication; arts and crafts;
- Creation of self-helping services, heritage sapience sharing and media reporting throughout local/ global exchanges among sharing groups and communities;
- Exchange/ develop/ learning methodologies and techniques on: learn to learn; informal facilitators; peers to peers creative writing; digital literacy; sharing and self-help groups animation; time bank; social web and media;



### Activities

Keeping the same way of working, all partners will work equally to fulfill the project activities. The tasks were distributed taking into consideration each member's knowledge, skills and possibilities (internet access, expertise in the project, management skills, communication skills, specific skills, team work, experience in adult education & in the ICT field, etc).

#### Therefore, the following will be fulfilled:

- A workshop aiming to try to perpetuate each country values and traditions from generation to generation.
- The creation of a good communication between the generations and the break of that international gap.
- Developing ICT skills for disadvantaged and discriminated persons.
- Encourage digital literacy.
- The transfer of the information and knowledge from all of the project's participants.
- An international report realized after implementing the questioners in the 4 countries.
- A persuasive dissemination of the project.
- The realization of a guideline.

## PROJECT 4th MEETING

**Dates** :18<sup>th</sup> – 21<sup>st</sup> October 2013, 4<sup>th</sup> Meeting  
**Place** :Bolu / TURKEY  
**Host institution** :Bolu Halkın Eğitimini Geliştirme ve Destekleme Derneği

In the first day of the fourth meeting it was talked what have been done so far and what will be done. In the coffee break, while the guests were having a rest by eating and drinking they also had the chance to look on the traditional handcraft products made by the old people in the association. Two different television channels from Bolu was also there to make an interview about the Project. The Italian partners had also brought some handmade products. The participants all examined the details of these handcrafts by trying to make a comparison and find some similarities in terms of customs and cultures with the ones they do in their hometown.



The video of “How to Make Turkish Tea” which had been prepared as the workshop by Turkish partner was shown and it was told about the importance of Turkish tea in terms of the Turkish traditions and customs.

A visit to a centre for disabled people was held and all the partners told about the organizations and activities for people with disabilities in their own countries. Another visit to the Almshouse of the Bolu Municipality was held and it was observed in details what kind of opportunities were offered to old, sick, homeless and poor people by the municipality.

## PROJECT 4th MEETING

In the second day of the meeting it was discussed about the future activities and deadlines. The place and time for the next meeting was as well as a deadline to come with proposals and ideas.

After the meeting, it was time to go for a walk to the Bolu Museum to see the ancient and historical valuable pieces of products. There were also a series of traditional clothes and handcrafts to attract the attention of the guests. Then a trip to historical Mudurnu district was held to see the town, historical buildings and good practices of handcrafts there.



## PARTNERS CONTACT

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## Projects Partners



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