



HEARTS PROJECT

- Time Bank -



2014

Heritage Empowering Affectivity and Revaluing Traditions and Solidarity



Partners:

Romania: Bucovina Guides Association

Turkey: Bolu Halkın Eğitimini Geliştirme ve Destekleme Derneği

Italy: AIM Network

Greece: Computer House





Romanian Time Bank

Place: Brodina, Suceava

Time: March 2014

Actors: Bucovina Guides staff, folk artist, teenagers from Mihai Bacescu High School

Aim: Learning from each other. Exchange of information and not of money.

Description:

When we have decided to make a workshop for painting eggs, we contact a number of folk artist. Mrs Torac Elena, was the first one who invited us in her traditional house from Brodina. She was so exciting that a few teenagers are interested to learn something from the old tradition. I proposed to Mrs Elena that will be great if these activities were free of charge, but invited her to ask us for something in exchange that would not involve money. She happily agreed and in return, she asked us to explain her some new aspects of the social media, especially how she can have a good Facebook page to make herself more visible. The teenagers were pleasantly surprised and they accepted the “offer”, being so happy to help her advertise her talent online. What a great experience!

So for a day we did an informational exchange, we help each other, without money.

Photo:





ITALIAN TIME BANK

Place: Ferrara

Time: 2013-2014

Actors: AIM Network's staff, elderly people from MELO Daily Elder People Center

Aim: Learning from each other. Helping each other

Description:

During December 2010 AIM Network started contacts with MELO Daily Elder People Center in occasion of the organization of 1st HERTS meeting. They were very kind with us and during the meeting showed us their activities in order to face actively elderly. It was very interesting for us to see how they cultivate small pieces of land given to them by the administration of the center. So we asked to have this opportunity and Spring 2013 we started to try to cultivate. The people of the neighbour plots helped us to work the land for free. They gave us their time and their garden tools as well as some plants. In the summer little by little someone of them went in holidays leaving their gardens , we understood what we have to do. Give to them our time by giving water to their plants and through away the wild plants.

In our vegetable gardens by tacit agreement grew up a Time Bank





TURKISH TIME BANK

Place:Bolu

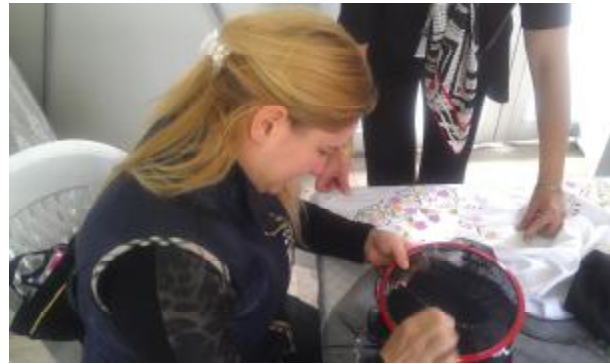
Time:2013-2014

Actors:Staff of Halkın Egitimini Gelistirme ve Destekleme Dernegi, Elderly and Young People together

Aim:Let's Learn Altogether

Description:

In a workshop organized by our association in March 2014, People at different ages came together to share ideas, teach something and help each other with no purpose of gaining money for just voluntary actions. The handicraft workshop centers around the idea of transferring the heritage sapience of elderly people to young people and also the idea of young people teaching the elderly people how to use Internet. In this case the young people learnt traditional handicraft techniques and the elderly people learnt Internet to search about new and different handicraft products respectively. This idea sounds like a barter system, in which no money is used; just the ideas and knowledge are exchanged vice versa for free. By this way we can invest in TIME BANK



Greek Time Bank

Place: Tripolis

Time: October 2013-May 2014

Actors: Computer House staff

Aim: Computer Lessons for elderly people (ages 65+)

Description:

Our organization, during the whole school year (October-May) offered, for free, computer lessons for beginners. The people who join our classes are elderly people ages 65+ who are retired from work and they live in our town or in the town's suburbs. The lessons took place in our institution once a week, the attendance was very high and the whole program was a big success. I have to mention that besides the lessons we voluntarily offered for free, we offered them our "ABBC Digital Manual" which we had created through the program "Hearts".

Photo:



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